

**Biomechanics**

**Third Stage/ Biomaterials Engineering and prosthesis  
Branch**

**Presented By**

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## Lecture Two

*Dr. Alaa Abed*

# **Kinetic Analysis**

# Basic Concepts Related to Kinetics

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## Inertia:

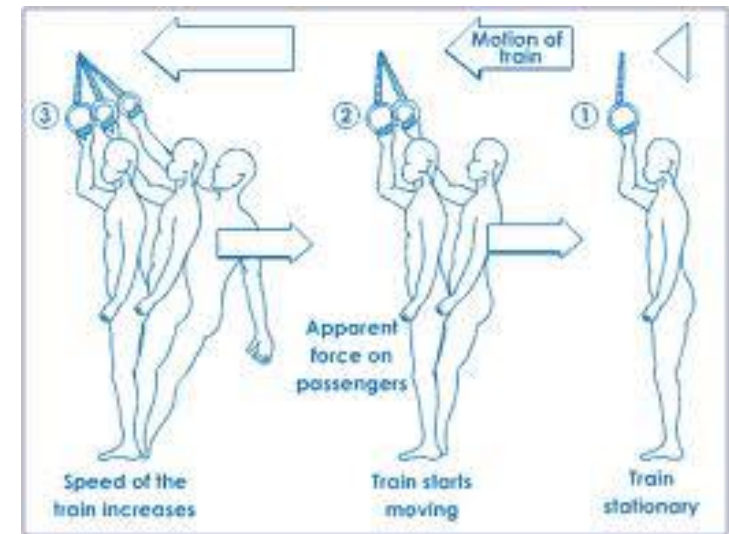
- tendency to resist change in state of motion
- proportional to mass
- has no units!

## Mass:

- quantity of matter composing a body
- represented by  $m$
- units are kg or slug

## center of gravity:

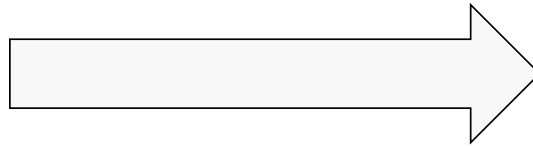
- point around which a body's weight is equally balanced in all directions.
- point that serves as an index of total body motion.
- point at which the weight vector acts same as the center of mass.



# Basic Concepts Related to Kinetics

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## Force:

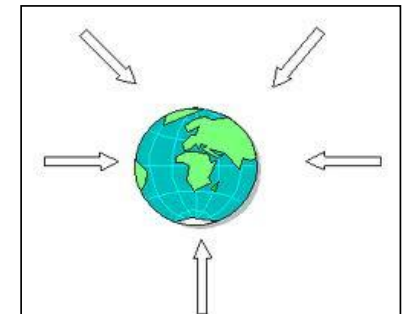


- a push or a pull
- characterized by magnitude, direction, and point of application
- $F = ma$
- unit is the Newton (N) in metric system
- Units of force are units of mass multiplied by units of acceleration, e.g.,
  - $1 \text{ N} = 1 \text{ kg} \cdot 9.8 \text{ m/s}^2$
  - $1 \text{ lb} = 1 \text{ slug} \cdot 32 \text{ ft/s}^2$
  - Slug is much larger



## Weight:

- attractive force that the earth exerts on a body
- $wt. = mg$  (product of mass and the acceleration of gravity:  
 $-9.81 \text{ m/s}^2$  or  $-32.2 \text{ ft/s}^2$ )



# Basic Concepts Related to Kinetics

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## Pressure:

- force per unit of area over which the force acts
- commonly used to describe force distribution within a fluid (e.g. blood pressure, water pressure, air pressure but not barometric)
- Units of pressure are units of force divided by units of area, e.g.,  
 $P = F/A$   
Lb/in<sup>2</sup> (psi)  
Pascal = N/m<sup>2</sup>



## Impulse:

- the product of force and the time during which the force acts (Ft)
- units are Ns

# Basic Concepts Related to Kinetics

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## Volume:

- space occupied by a body
- has three dimensions (width, height, and depth)
- units are  $\text{m}^3$  and  $\text{cm}^3$  and liters ( $=1000 \text{ cm}^3$ ) or  $\text{ft}^3$  and  $\text{in}^3$

## Density:

- mass per unit of volume
- represented with the small Greek letter rho:  $\rho$
- units are  $\text{kg}/\text{m}^3$  or  $\text{kg}/\text{l}$  or  $\text{g}/\text{cc}$

## specific weight:

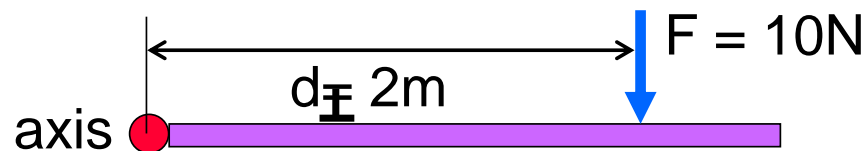
- weight per unit of volume
- represented with the Greek letter gamma:  $\gamma$
- units are  $\text{N}/\text{m}^3$

# Basic Concepts Related to Kinetics

## a torque:

- the rotary effect of a force
- the angular equivalent of force
- also known as moment of force

### For example:



$T = Fd_{\perp}$  (the product of force and the perpendicular distance from the force's line of action to the axis of rotation)

$$T = Fd_{\perp}$$

$$T = (10\text{N})(2\text{m})$$

$$T = 20 \text{ Nm}$$

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# Common Units for Kinetic Quantities

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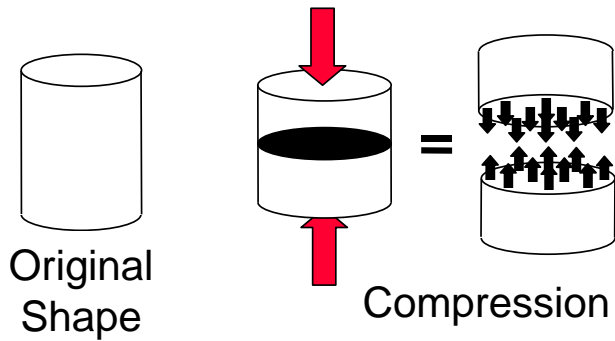
| Quantity           | Symbol   | Metric Unit       | English Unit       |
|--------------------|----------|-------------------|--------------------|
| Mass               | m        | kg                | slug               |
| Force              | F        | N                 | lb                 |
| Pressure           | P        | Pa                | psi                |
| Volume<br>(solids) | V        | m <sup>3</sup>    | ft <sup>3</sup>    |
| (liquids)          |          | liter             | gallon             |
| Density            | $\rho$   | kg/m <sup>3</sup> | lb/ft <sup>3</sup> |
| Specific weight    | $\gamma$ | N/m <sup>3</sup>  | lb/ft <sup>3</sup> |
| Torque             | T        | N·m               | ft·lb              |
| Impulse            | J        | N·s               | ft·s               |



# Mechanical Loads

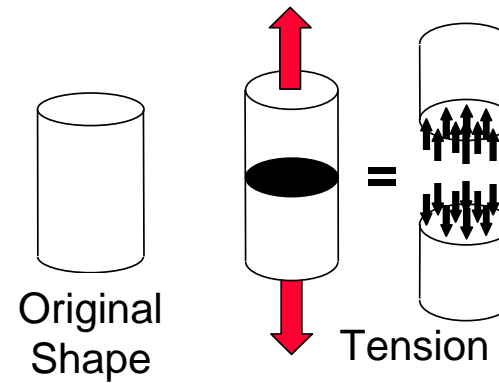
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## \* compression



(pressing or squeezing force directed axially through a body)

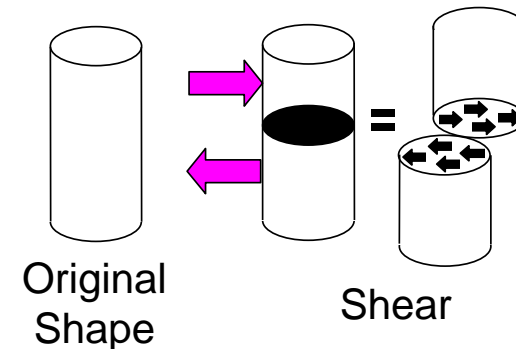
## \* tension



(pulling or stretching force directed axially through a body)

## \* shear

(force directed parallel to a surface)



# Mechanical Loads

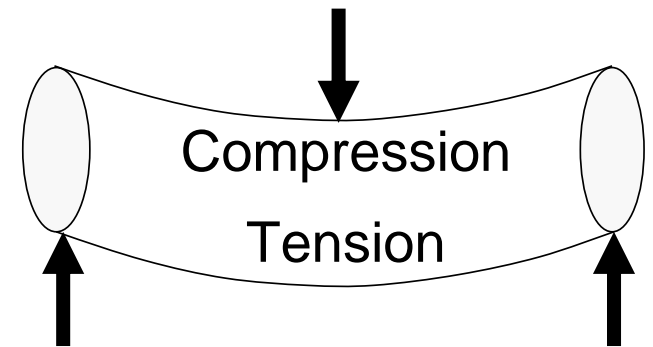
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## Stress:

- force per unit of area over which the force acts
- commonly used to describe force distribution within a body
- units are  $\text{N/m}^2$

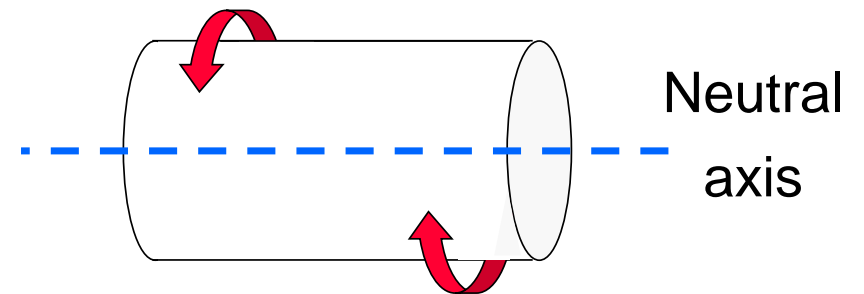
## Bending:

(asymmetric loading that produces tension on one side of a body's longitudinal axis and compression on the other side)



## Torsion:

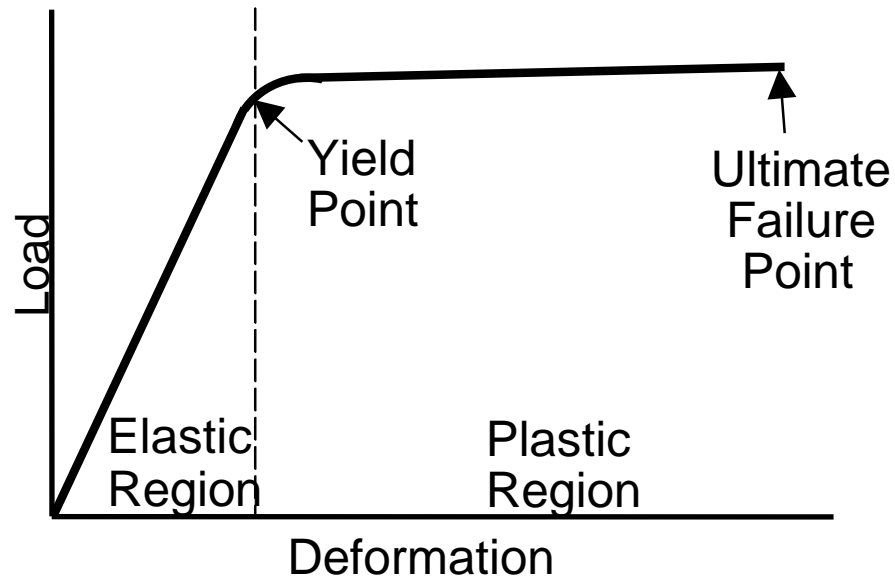
(load producing twisting of a body around its longitudinal axis)



# Effects of Loading

**Deformation:**(change in shape)

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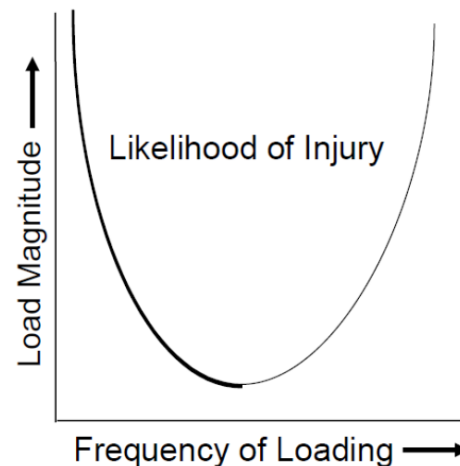


# Effects of Loading

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- **repetitive**: repeated application of a subacute load that is usually of relatively low magnitude. For example, each time a foot hits the pavement during running, a force of approximately two to three times body weight is sustained. Although a single force of this magnitude is not likely to result in a fracture of healthy bone, numerous repetitions of such a force may cause a fracture of an otherwise healthy bone somewhere in the lower extremity.
- **acute**: application of a single force of sufficient magnitude to cause injury to a biological tissue. For example, The force produced by a fall, a rugby tackle, or an automobile accident may be sufficient to fracture a bone.

**Repetitive vs. acute loading**



## Tools for Measuring Kinetic Quantities

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- **Electromyography (EMG)**
  - To study neuromuscular function.
- **Dynamography**
  - Force and pressure platforms interfaced with computer measure ground reaction forces.
  - Primarily employed in gait research, starts, takeoffs, landings, baseball & golf swings, and balance

# The End of Lecture